



## DISCUSSION GUIDE



## STUDY GUIDE

This study guide has been crafted for small group study and discussion to go along with the book. It is split into four sessions that follow the four sections of the book.

In addition to the questions listed below, we would encourage you to read through the quotations and scriptures from the beginning of each chapter, asking if they struck anyone in a different way after your discussion.

Blessings in your reading, in your discussions, and on your journey!

## CHAPTER 1 ... yearning

- Share what “normal” means to you.
- What would you say has affected your worldview?
- How might you better focus or filter your worldview?
- How could you increase your awareness of God in this world?

## CHAPTER 2 ... become

- What was your last DIY (do-it-yourself) project?
- What do you think the appeal of a DIY spirituality is?
- In what ways have we slid into a DIY version of holiness?
- What are some ways we can embrace holiness?

## CHAPTER 3 ... reflection

- What is the difference in being set apart and being holy?
- What is the difference in being perfect and being holy?
- Why does holiness seem so difficult to us?
- Have you ever experienced holiness as a blessing?



SET APART FROM  
... FIND IDENTITY

## CHAPTER 4 ... lost

- When was the last time you felt lost?
- Have you ever changed who you are for someone else?
- What are some things that define you?
- How would you answer the question: Who are you?

## CHAPTER 5 ... beloved

- What identity do you project to the world?
- What stickers (good or bad marks) do you see the world giving?
- Why are we so tempted to listen to what the world says about us?
- How do you live as one that is known, revealed, and loved by God?

## CHAPTER 6 ... identify

- What is the difference between being set apart from and being set apart above?
- What does it look like to be “in the world” but “not of the world”? (John 17)
- How has God uniquely gifted you to be you in this world?
- How does God’s claiming of us in baptism shape our lives?

## CHAPTER 7 ... loneliness

- How are being alone and feeling alone different?
- How does feeling alone affect or shape us?
- Why are pseudo-relationships so attractive to people?
- Why do we long to be connected to something bigger than ourselves?

## CHAPTER 8 ... communal

- What would it look like for us to live communally?
- What does it mean for God to say that it is not good for us to be alone?
- What does it mean that our calling to be holy is a plural calling?
- How have you experienced the pain or the love of a community?

## CHAPTER 9 ... connect

- Do you think it is possible to be a Christian alone?
- How should the church seek to be holy?
- Is there a time in which profound forgiveness affected you personally?
- How has prayer or communion shaped you?



SET APART FOR  
... FIND PURPOSE

## CHAPTER 10 ... aimless

- When was the last time you asked: “Why am I here?”
- Where are you going in life, in work, in relationships, etc?
- Why is “why” such an important question?
- What meaning or purpose do you find in life?

## CHAPTER 11 ... balance

- How does having a purpose help sustain you?
- How do you regularly love God? love neighbor? love yourself?
- How is Christianity “action-oriented”?
- When does finding and keeping balance become most difficult for you?

## CHAPTER 12 ... embrace

- What bad stories do you hear on a daily basis?
- In what ways do you already “start with the why”?
- How do your strengths strengthen you?
- In terms of holiness, are you ham or eggs?